

Ingredients

- 1 large mango, peeled, pitted, and chopped
- 1/3 cup chopped red bell pepper
- 1/4 cup minced red onion
- 1/2 tablespoon chopped fresh cilantro
- 1/2 tablespoon lime juice
- pinch or dash of salt

Visit This Website
for a quick and easy
guide on how to cut
a mango!

How to make

- 1. Wash hands.
- 2. In a small bowl, stir together mango, red bell pepper, red onion, cilantro, lime juice, and salt.
- 3. Try dipping tortilla chips or pita bread in it, or putting it on top of a quesadilla, chicken, or fish. Enjoy!

Recipe from: https://www.way2goodlife.com/freshmango-recipes-with-kids/



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